

SRCS Menus April 2024

Note: Lunches may be ordered or canceled online up until 7am each day at myschoolaccount.com

*PreK and Kindergarten lunches are delivered to their tables, please choose 1 beverage for your student.

	Monday	Tuesday	Wednesday	Thursday	Friday
April 1st – 5th Chopped Turkey Salad	Easter Monday	Chicken Nuggets Tater Tots Roasted Ranch Carrots Honey mustard or ketchup	Rotini Pasta with Meat Sauce or Plain Pasta, Broccoli Dinner Roll	Beef Tacos on Flour Tortillas, Steamed Yellow Rice Corn Taco Salad EXTRA Taco Meal, For heartier appetites	Cheese or Pepperoni Pizza Pizza Day (1Slice) Meal or Pizza Day TWO slice meal Raw Veggies
April 8th – 12th Cobb Salad	Pancakes, Tater Tots, Sausage, S'mores Yogurt Parfait or Option for MS: Chopped Tender Sub w/chips	Chicken Tenders Macaroni and Cheese String Beans "Ex Tender" meal for heartier appetites available	Baked Potato Butter, Sour cream, cheddar cheese,sides Chili or Chicken Noodle Soup Dinner Roll Preschool: Plain Pasta, Veg, roll	Chopped Chicken Bowl with White Rice, Corn, Black Beans / Cheese & Salsa ** Chopped Chicken Bowl Salad	Cheese or Pepperoni Pizza Pizza Day (1Slice) Meal or Pizza Day TWO slice meal Raw Veggies
April 15th – 19th Greek Salad	Hamburger, Cheeseburger, Veggie burger Let and tom available French Fries Raw baby carrots	Breaded Chicken Stir Fried Rice Asian Vegetables Duck sauce on side	Chicken Parmesan with Spaghetti and Marinara Sauce or Plain Pasta, Broccoli Dinner Roll	Chicken & Cheese Quesadilla, Cheese Quesadilla, BBQ Ranch Chicken Ch Quesadilla Steamed Rice, Corn	Cheese or Pepperoni Pizza Pizza Day (1Slice) Meal or Pizza Day TWO slice meal Raw Veggies
April 22nd – 26th Chopped Turkey Salad	Crispy Chicken Filet Sandwich Tater Tots Ranch Carrots	Chopped Chicken Bowl with White Rice, Corn, Black Beans / Cheese & Salsa ** Chopped Chicken Bowl Salad	Spaghetti with Marinara Sauce and Meatballs or Veggie Meatballs, Plain Pasta, Side Salad or Sliced Cucumber, Roll	Grilled Cheese Served with Tomato Soup or Chicken Noodle Soup Carrots and Cucumber PreK: Served with tater tots, not soup.	Cheese or Pepperoni Pizza Pizza Day (1Slice) Meal or Pizza Day TWO slice meal Raw Veggies
April 29th – May 3rd Greek Salad	Hamburger, Cheeseburger, Veggie burger Let and tom available French Fries Raw baby carrots	Chicken Nuggets Mashed Potatoes, Gravy, Peas and Carrots	Pasta with Alfredo Sauce with grilled chicken or Veggie Meatballs, Plain Pasta, Peas and Carrots Dinner Roll	Beef Tacos on Flour Tortillas, Steamed Yellow Rice Corn Taco Salad EXTRA Taco Meal, For heartier appetites	Cheese or Pepperoni Pizza Pizza Day (1Slice) Meal or Pizza Day TWO slice meal Raw Veggies

GLUTEN FREE OPTIONS:

We are happy to provide gluten free options to students and staff, please note we are not a gluten free kitchen.

Available daily with an additional charge; GF Wrap with turkey and lettuce, GF Wrap with grilled chicken, ranch and lettuce, Gluten Free Buns on burger day / Gluten Free Cheese Pizza on pizza day

Lunch Options:

Sub Sandwiches: Turkey, Turkey and Cheese, Ham, Ham and Cheese, or Cheese. Lettuce, mayonnaise and mustard on side. Peanut butter or Peanut butter and jelly sandwich. Sandwiches served with chips.

Chicken Caesar Wrap or Chicken Ranch Wrap: let, chicken, cheddar cheese and ranch dressing.

Veggie Burger: available every day with chips (side changes on burger day)

Chicken Caesar Salad or Garden Salad with romaine, grated carrot, tomato and cucumber. Grilled chopped chicken on side. Ranch or balsamic vinaigrette on the side. **Featured Salad:** will change weekly, check menu.

Yogurt Lunch Box: Yoplait Yogurt and a blueberry muffin, Raw Veggie and fruit

Tuesday - Thursday: Chicken Noodle Soup; a bowl with crackers \$3.00 / **soup is not served as a meal, no sides or drink.**

Fresh whole fruit offered each day. Beverages served include: Low Fat Milk, LF Choc Milk, Water and 100% Apple Juice and Lemonade
A variety of after lunch snacks along with Gatorade, Water and Sunny D are available to purchase each day

*On Friday only for elementary school: Ice Cream cups and our famous baked fresh cookies are \$1.00 for grades 2-5
Kindergarten and first grade are offered a smaller version of our baked cookie for \$.50*

Cash only for snacks

Email Peg by 8am for absences or with questions or concerns at lunchatsrcs@gmail.com